

WHAT TO WEAR:

GIRLS:

Gymnastics leotards or bikeatards (has shorts).

Older Jr. High/High girls can wear shorts over leotards if they want, or sweats in the winter.

BOYS:

Shorts & T-Shirt.

You can purchase leotards at Acrocheer.

FOOTWEAR:

You Must have trampoline shoes. You can purchase them at LA Dancewear 637 Ohio Pike 753-6611. They will help size you. Please keep them clean do not walk in them other than bringing them to the gym

WHY A LEOTARD?

This is for the safety of the students. Students tumble better in a leotard. We do not want flying shirts coming up. This is dangerous. Kids grab for the flying shirts.

WHY TRAMPOLINE SHOES? The double mini trampolines have webbed holes & you can get a toe caught in the holes & it can break a toe or tear off skin. You can wear these trampoline shoes throughout the gym.

NO GUM, OR JEWELRY IN THE GYM!