

# **ACROCHEER GYMNASTICS/ acrocheergym@gmail**

**1155 Old St. Rt. 74 Batavia Ohio 45103    513-807-3459**

**Adult Instructors are the owners/coaches  
with a wealth of experience**

## **Frequently asked Questions?**

**Q: How to get my child enrolled in the session?**

**A: PRIVATE LESSON- Our Introductory to Class for 5yrs & up.**

**This lesson evaluates your child for the best class.**

- Schedule a ½ hour introductory private lesson before enrollment.  
\$40.00 1 child \$50.00 two children. (1/2 hr)
- Children 9yrs and up we recommend a 1 hr. private lesson.  
\$80.00 1 child \$90.00 two children. (1hr)
- Pre-school children 5 and under do not need a private lesson.  
No refunds for missed private lessons.  
However, you can re-schedule Within a 24 hour notice.

**Q: WHY DOES MY CHILD NEED TO DO A PRIVATE LESSON?**

- This helps your child to become comfortable with us.
- They will learn how to rotate around the gym.
- They will learn basic skills to make them feel confident for class.
- An inexpensive way to test our gym with no obligation to join.

**Q: How do I communicate**

**A: REMIND APP**

- Remind App is our MAIN Communication.
- You must download the app for it to work.
- We will send you an invite to Remind.
- This app is a mass sending app.
- It is private when you and I correspond back to each other.
- This app gives information what is going on in the gym.
- **You may also text 513-807-3459 Anytime to ask questions.**
- We do not prefer e-mail. We email you on occasion.
- Facebook-Acrocheer Gymnastics- our public page
- Join Facebook Acrocheer Class parents page-private
- Join Acrocheer Fliptwisters Parents page-private

**Q: What Should my Child Wear**

- Gymnastics Leotard, (shorts can be worn over the leotard).
- Footless leggings can be worn under leotards.
- Gymnastics shorts are best.
- No sports bra alone, unless (waist long) to shorts.
- Boys' soft t-shirt and shorts. NO Buckles, zippers or buttons.
- You can wear tramp shoes/socks on our Trampolines.
- Yoga socks are great.
- Hair needs to be pulled back.
- No Jewelry unless new piercing.

**BRING WATER BOTTLE TO CLASS**

**RESTROOM ARE LOCATED DOWNSTAIRS**

**Q: When does enrollment start and end for the session?**

- You can enroll at anytime we have space available.
- We run monthly sessions that roll over into each month.
- We run as a school year from Sept-May.
- Tuition is monthly. Your child is Automatically enrolled in each month unless you unenroll your child by the 20<sup>th</sup> of the month.  
You must text 513-807-3459 or text on the remind app to unenroll your child from the next session.
- You are only committed to your month of paid classes.
- On the 21st of the month you are enrolled for the next month and your credit card will auto pay on the 26<sup>th</sup> of the month. No exceptions.
- You are charged the same tuition weather the month has 3 weeks 4 weeks or 5 weeks. The calendar works out if you stay with our program. Sometimes you end up with extra weeks at the end year.
- June to Aug we still run classes/clinics/open gyms.
- We do not roll our monthly session into summer.
- You choose what type of schedule you want in the summer.
- Summer pre-school program depends on enrollment.
- Fall enrollment is by August 20. Fall Session starts Sept 2, 2025

**Q: How do I pay my Tuition?**

- We first send an invoice to your email for your private lesson or pre-school class for New Enrollment.
- We pull the credit card from the invoice paid to keep on file for monthly tuition.
- Tuition is monthly to be automatically charged on the 26<sup>th</sup> of each month for the following month. There are no refunds!
- If a credit card is not valid on the 26<sup>th</sup> during Auto pay there is a \$25.00 late fee added to your account. Your child can't enter a class if not paid.

### **Q. How do I end my session?**

Text me 513-807-3459 or text me on the Remind App by the 20th of the month prior to the start of the next month that your child does not plan to continue.

On the 21<sup>st</sup> of the month your child is enrolled in the following month. The tuition is Automatically charged form your card on file on the 26<sup>th</sup> of each month for the following month.

### **Q: WHAT ARE THE TUITION COST ACROCHEER?**

- AFTER YOUR PRIVATE LESSON WE PULL YOUR CREDIT CARD YOU PAID WITH.
- WE CHARGE FOR CLASSES/REGISTARTION FEE THAT ARE PRORATED INTO THE YOUR FIRST MONTH.
- YOUR NEXT FULL MONTH TUITION WILL BE CHARGED ON THE 26<sup>TH</sup> OF THE MONTH.
- DO NOT FORGET HOW TO DROP/END YOUR SESSION BY 20TH OF A MONTH FOR THE FOLLOWING MONTH.

### **Acrocheer has an ANNUAL REGISTARTION FEE \$40.00**

INDIVIDUAL/fAMILY

- ❖ 45 min class-preschool \$99.00 month
- ❖ 60 min class -\$106.00 month
- ❖ 90 min class-\$126.00 month
- ❖ These above fees are the monthly auto charge.

### **We take Venmo @acrocheer for:**

- ❖ Monthly fun nights
- ❖ Clinics
- ❖ Private lesson
- ❖ Open gyms

**Q: Can my child have a MAKE-UP class?- ( Are not guaranteed)**

- ✓ Acrocheer does not make up or credit Snow Days
- ✓ However, if we have space you can do a Snow Day a make-up on another day.
- ✓ Limit 1 make up per month-you must text on remind if your child is missing to receive a make-up.
- ✓ Missed make-ups cannot be made up
- ✓ If your child happens to miss 2 classes due to illness check with us to see if we happen to have space for your child.
- ✓ Acrocheer does not mind make-ups, we have to know when they are absent/conflict and have space in another class.
- ✓ Makes are to be made on a different day than your class.
- ✓ Makes need to be made in a current month unless it is the last class of the session.
- ✓ If space is not available on another day, we might have a possible open gym they could attend to work on their own.

**Q: Who teaches my child?**

- **YOUR CHILD WILL ALWAYS HAVE THE SAME INSTRUCTOR!**
- Helen Perry & Don Perry. Sometimes you have both!
- We do not hire young staff that have school conflicts or quit.
- Acrocheer is our job & business.
- Emma Hunter is 17 yrs and just started as jr. coach last summer for our team. She is always assisted by Helen and Don. Emma is a competitor and is a certified Jr Coach with USTA.

## **Q: How does Acrocheer teach a skill?**

- **We teach your child to learn to listen and listen to learn the skill. This is hard for your child. They just want to go!**
- **The mind must understand the skill to learn the skill.**
- **We are working with the mind and the body.**
- **We do proper progression for your child's safety.**
- **We have workout time in class to allow them to perfect their skill. This is the time they get personal coaching time.**
- **Children are not held back if they have the body control to do something they are ready to do.**
- **We know when your child is ready for the next skill/level**
- **They must have the strength/flexibility/ body control to achieve that skill.**
- **Most important thing we teach in the gym is how to stretch your body. You must learn to stretch your entire life! Flexibility allows you to do the skill faster and properly. Lack of flexibility hurts the position of the skill.**
- **We work basic tumbling skills and wall conditioning for strength.**
- **Trampoline produce body control and space awareness.**
- **We have patience with your child learning. Parents need patients also. The child worries about what their parent thinks.**
- **We know when your child is ready to work on the next skill level.**
- **That is why gymnastics has levels.**
- **Back Handsprings are level 5 skill. Back flip is a level 6 skill.**
- **If you want to learn faster you must put in time and effort at home. It is a time game. We show the kids what to do at home.**
- **Why is my child doing our program? It does not matter if your child does not work at home. They may just be have fun and exercising.**
- **Exercise is good Medicine!**

**JUST REMEMBER... Gymnastics is a slow progression. It is hard and scary. But it is FUN!**

**Gymnastics helps every other sport. They is no other sport that helps gymnastics, except Dance, that is due to flexibility.**